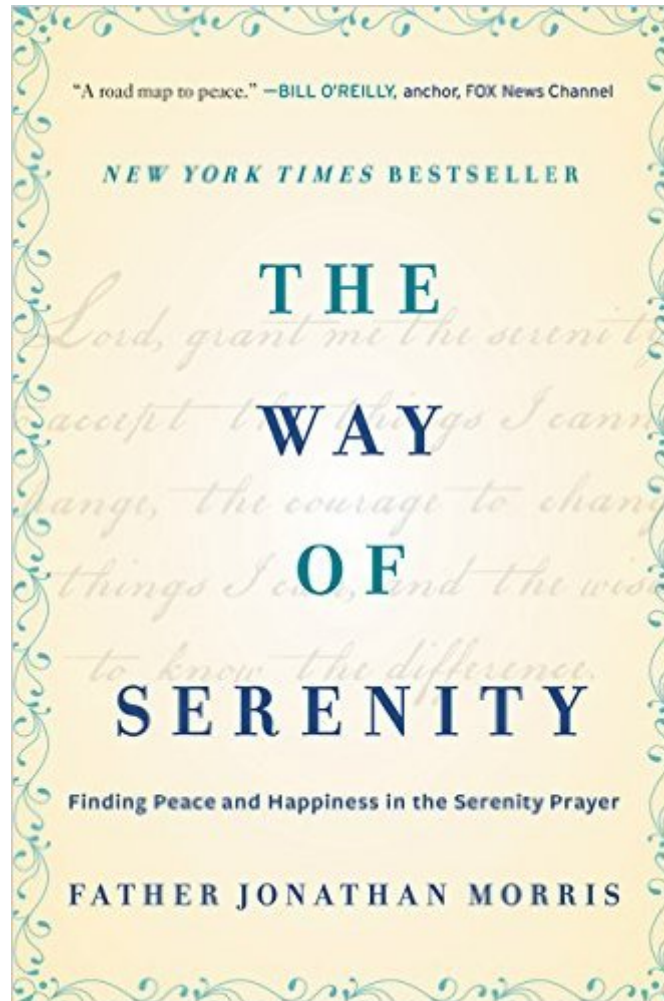


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# The Way Of Serenity: Finding Peace And Happiness In The Serenity Prayer



## Synopsis

FOX News religion analyst, program director of the Catholic Channel on SiriusXM radio, and bestselling author Father Jonathan Morris reveals how the Serenity Prayer offers a sure path to peace and fulfillment for everyone, not just those in recovery programs. The Serenity Prayer states: Lord, grant me the serenity to accept the things I cannot change, The courage to change the things I can, And the wisdom to know the difference. Exploring the prayer phrase by phrase, Morris shows the hope that can be found by gaining a deeper spiritual understanding of its words and by practicing its message. Enlightening and profound, *The Way of Serenity* includes moving narratives, illuminating historical anecdotes, and pertinent biblical passages that demonstrate the power of the Serenity Prayer to help us grow closer to God and find greater peace and happiness.

## Book Information

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## Customer Reviews

What is the serenity prayer, and what does it mean in my life? Like so many simple passages taken from great books or verses of faith, the simple prayer is far deeper than it seems. Morrisâ™ book takes you along a path looking into the scope that it entails and the many people it can touch. Like his other books, his warm tone feels like a discussion with a good friend, rather than dictation of the faith. This book should not be limited to just the people of faith, as its contents touch on so much more than that. Compassion. Inner strength. Wisdom. All things that anyone could use more of. With the pressures of modernity at every side, looking back into ourselves to find our inner strengths and vulnerabilities, our character, and even our faith is a compelling reason to read this book. This insightful book may just strike a chord in you, as it did me.

I bought this book the day it came out. I've never read a book by Jonathan Morris but I'm really glad I bought it. Recently I've been going through major anxiety and depression due to personal issues in my life. I was searching for a book that would be easy to read and comforting to the soul. This book is both! I spent hours searching through books to finally pick this one. If you are suffering from worry, anxiety or depression this book is a must. If you're looking for a book that will comfort, reassure and reveal God's love and peace then please buy this book.

By far the best book he's written and I have them all. I highly recommend this book to anyone struggling with finding their own inner peace and happiness in the midst of chaos called life. It really has made me a more peaceful individual and I refer back to certain chapters whenever I'm feeling tense/stressed and I just love the prayers he has at the end of each chapter! This book is a "must read."

In a time when everything is unstable, keeping our spirit... heart and mind strong is a must. "The Way Of Serenity" by Father Jonathan Morris takes his readers to the spiritual heroes of whom they are already familiar with. If you are struggling with stress, failure, depression, loneliness or an overwhelming crisis, this book will be a blessing. The great thing about this book is that it gives real steps that you can do right now to help your situation and the way you think. Based on the Serenity Prayer -- it is written from the heart and offers Bible references and personal stories that offer hope and strength in difficult times. I had studied Acts of the Apostles before, but never thought about it the way Father Morris explains on P. 119. I especially loved the prayers at the end of each chapter. We can't live out the Christian life and find serenity on our own. We need the power that only comes from God. Father Morris' book offers sincere help on how to attain peace and serenity through trusting in God's will for us. Father Morris provides some meaningful insight for coping with the burdensome problems that we all face at one time or another. Very inspirational book! Thank you, Father Jonathan Morris!

I am quite familiar with the Serenity Prayer from days with Alcoholics Anonymous. This book however brings to life multiple means to the message. I never fully realized how powerful it was to so many aspects of my daily life. Importantly, a discussion of how this prayer applies to problems we face each day is so valuable. Father Morris knows that our lives are messy and hits the nail on the head over and over. It has helped me.

Read this through the first day with highlighting to go back for daily devotions - so enchantingly simple delivery of such profound spiritual principles! Worth the read no matter what your denomination!

I read this book quickly and was sorry when it ended. I have bought three additional copies and will buy more. I am an avid reader and this is one of my new favorites. You will be changed for the better. Fr. Morris is a special man and Priest.

My far from religious, thirty year old son, introduced me to "the Promise". Needless to say, I was surprised, no shocked, when I saw it was written by a priest! Then he read "God Wants You Happy"! As I enjoyed both books, I ordered the Serenity book without his recommendation. It is my favorite. It was hard to put down, as it just flowed with comforting thoughts. I will be rereading it many times over the years. Fr spends much time on achieving serenity, and has great suggestions. I have ordered a copy of this book as a Christmas gift, for a friend going through hard times, as I am sure it will help. Unfortunately, my son is still not a church-goer, but that he likes Fr.'s books shows their appeal to those who are not practicing a faith. For an easy to understand, but thoughtful book, I feel this book could be recommended to anyone. I will find out if my son has bought this one yet, if not, I will be back for another.

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